



THE BUZZ

HOLLAND PARK KINDERGARTEN'S OFFICAL NEWSLETTER

Director's Report

Welcome back to Term 2!

The Kookaburras noticed changes in their beloved outdoor environment at kindy. Some children noticed fungus growing after recent rain. This led to discussions about safety around fungus and research to identify the type that was growing on trees and fallen wood. This will continue to be a focus over term 2 (and 3) as we continue to support children to develop their understanding about how to take care of their kindy environment

The Geckos had a lovely to end the term...sunshine, friends and cupcakes. We were very busy making kites, driving trucks, going just a little bit further on the money bars, finding worms after the rain and planting seeds ready for next term. Jo came to read stories for one last time before the holidays and bought her cow bones that she had found... they are very interesting.

REMINDERS

As the weather gets cooler

- Please label jumpers
- You can add a small blanket to your child's sleeping bag
- Food cannot be reheated at Kindy but you use a thermos style container. These can be stored on top of the fridge



IMPORTANT DATES

VIP Night

Thursday 16th May at 6-7pm

This is a special event for kindy children to bring one special adult (no siblings) to kindy to play AT NIGHT!!. We will have another night in September plus a Grandparent morning in October.

Parents Night Out

Friday 31st May East Leagues Club

Leave the kids at home and get to know some of the other Kindy parents. More details to come.

Community Open Day

Sunday 28th July

We are starting our preparations for this years Community Open Day. This is our main fundraiser for the year and needs many hands to help make it a fun and successful day. If you are interested in joining a sub-committee to help with this event please email Sapph: sapphpelecas@gmail.com



Please make sure you update any change of details for your child on Xap, especially phone numbers, emergency contacts or medical information (including food intolerances)

The Magic of High Fives (shared By Gill)

I have recently been reading a book “The High Five Habit” by Mel Robbins and discovered the powerfulness of a high five. I already knew how encouraging high fives were but didn’t realise the magic in them. I immediately related this new knowledge to how I often high five the children at kindy and it reaffirmed my reasons for doing this. A high five is shared celebration, it is a transfer of energy and belief from one person to another. It says “I believe in you” which then helps a child believe in themselves. A high five means you are seen and affirmed as a person.

Mel’s book gives an example of where researchers studied the best way to motivate children during a challenging task. The children were split up into 3 groups. One group was praised, one was told they were working hard and praised for their efforts and the last group were simply given a high five. “The kids who were told they were smart, talented or skilled were the least motivated and had the least fun. Those praised for their effort showed greater enjoyment and exhibited a higher level of persistence. But the kids who got a simple high five? They felt the most positive about themselves and their efforts, and they kept going for the longest time, despite making mistakes.” Holding up your hand and having a big smile on your face are two recognisable signs of genuine pride and encouragement. As I high five the children at kindy, I see their faces light up and they truly believe they are amazing. We encourage you to experience the magic of the high five at home and watch as your child’s face lights up.

